

## YIDARRA CATHOLIC PRIMARY SCHOOL

Marsengo Road, Bateman, WA 6150

Ph: 9332 3011 – Office

Email: admin@yidarra.wa.edu.au

### Canteen

# 9310 4342

Valid from  
25 October 2010

# Canteen Summer Menu Term 4 2010 & Term 1 2011



- Canteen opens at 8.30am.
- Lunch orders to be at the Canteen by 9.30am.
- **LATE ORDERS AFTER 11.30AM – will be given a sandwich or toasted sandwich only as there is not enough time to safely prepare the food (no exceptions).**
- Pack of 10 lunch bags = 60 cents.
- No credit can be given - so please do not ask as refusal may offend.

### PLEASE DO: ✓

1. Use dark coloured pen or texta to print name, class & lunch order.
2. Enclose correct money.
3. Notify the Canteen if your child goes home sick before lunch time and has ordered from the Canteen - otherwise a refund is not possible.

### PLEASE DON'T: ✘

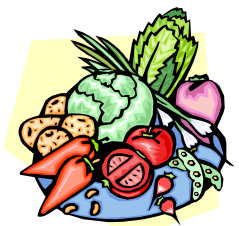

1. Enclose foreign coins.
2. Use staples or sticky tape to seal lunch bags.
3. Enclose money in cling wrap etc.
4. Use pencil or fluoro pens to write on lunch bags, as it cannot be seen on the brown paper.

# Available Daily

**G** = Green Traffic Light  
**A** = Amber Traffic Light  
**R** = Red Traffic Light

## SANDWICHES (G)

All sandwiches are made with Wonder High Performance Bread, Wholemeal & Multigrain Bread. White bread rolls/wholemeal rolls available.

	<b>BREAD</b>	<b>WRAPS OR ROLLS</b>	<b>EXTRAS + 30c</b>
Chicken & Salad	3.10	3.60	
Ham & Salad	2.90	3.40	
Cheese & Salad	2.90	3.40	
Plain Egg or Curried Egg & Salad	2.90	3.40	
Salad - 4 different vegies	2.40	2.60	
Chicken	2.50	3.00	
Ham	2.50	3.00	
Ham & Cheese	2.50	2.80	
Cheese (Reduced Fat)	2.00	2.50	
Tuna & Salad	2.50	3.00	
Plain Egg	2.00	2.30	
Curried Egg only	2.50	3.00	
Baked Beans	1.80	2.00	
Vegemite	1.50	2.00	
2 slices bread (with or without marg)	1.00		
1 slice bread (with or without marg)	.50		
1 buttered roll		1.00	

## TOASTED SANDWICHES (G & A)

Cheese	2.50
Ham & Cheese	2.70
Ham, Cheese & Tomato	3.00
Tinned Spaghetti	2.50
Baked Beans	3.00
Chicken & Mayonnaise	3.00
Chicken or Ham or Cheese	2.20
Tuna (& mayo + .30)	2.00

## EXTRAS: (G)

Lettuce	.50	Capsicum	.30
Tomato	.30	Pineapple	.30
Cucumber	.30	Carrot	.30
Cheese	.30	Chutney	.30
Pickles	.30	Beetroot	.20
Mayonnaise	.30 (low fat)		
Mustard	.30 (seeded)		

## SALAD TRAYS (G) - BREAD OPTIONAL EXTRA 20c

Chicken & Salad	3.50
Egg & Salad	3.50
Ham & Salad	3.50
Tuna & Salad	3.50
Salad Plate – Plain	2.00
Small Side Salad	1.20
2 X 3 Platter	3.40
Fruit Salad	3.00
Little Dipper Plate	3.50

## EXTRAS+ 30c

e.g. Beetroot, Egg, Pineapple



2 Fruits & 3 Veg & Bega Cheese  
 Fruits in Season  
 Jatz Crackers, Vegie Sticks with  
 French Onion Dip or Sour Light Cream or Salsa

# Hot Foods Daily (G & A)

Corn Cobs	.90
Macaroni Cheese	3.00
Pasta Twirls	3.00
Quiche Lorraine - Cheese & Bacon	2.50
Quiche Florentine - Spinach & Ricotta	2.50
Crunchy Chicken Royale – in bag	1.50
Nachos	2.50

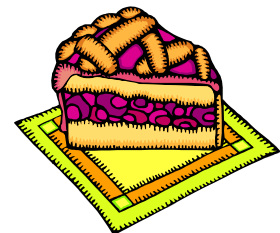
Green Traffic Light  
Amber Traffic Light  
Red Traffic Light

## Specials

### MONDAY (G & A)

Tomato Sauce in Sachet – 30c

Pie	2.50
Party Pie	.90
Sausage Roll	1.80
Country Chicken & Veg Pie	2.80
Spinach & Ricotta Rolls	2.20



### TUESDAY (A)

Yumbo Cheeseburger	3.20
(Chargrilled low fat beef burger with a slice of cheese & tomato sauce on bun)	
Extras	.20-.50

<b>G)</b>	
.50	Capsicum .30
.30	Pineapple .30
.30	Carrot .30
.30	Chutney .30
.30	Beetroot .20
30c	(low fat)
.30	(seeded)

### WEDNESDAY

Crumbed Chicken Burger	3.50
(with lettuce, mayo and fresh tomato on a bun)	



### THURSDAY (A)

Pizza Singles: Cheese/Bacon	2.50
Ham/Pineapple	2.50
Supreme	2.50
Pizza Pockets: Ham & Pineapple	2.50
Cheese & Bacon	2.50



### FRIDAY (+ side salad \$1.20) (G)

Pasta with Bolognaise Sauce & Grated Cheese	3.00
Nachos	2.50



## Recess Sales (G & A)

Cheesie (Bread).....	.50
Cheesie (Half Bun).....	1.00
Pikelets .....	.30
Muffins .....	.50 – 1.00
Anzac Biscuits.....	.20
Fresh Fruit (slices or whole).....	.25 – .50

---

## Recess & Lunch Sales (G & A)

Pieces of Fruit in Season .....	.50
Bottled Water .....	2.00
Popper Juice – Tetra Packs .....	1.00
(Orange, Apple, Apple/Blackcurrant, Tropical)	
LOL – various flavours .....	1.50
Milk Flavoured Straws with Milk – 225 mls Hi-Lo .....	1.30
(Strawberry, Chocolate, Banana, Choc/Mint)	
Milk Flavoured Straws only .....	.30
Calci Yum Milk (250mls Strawberry or Choc or Choc Mint).....	1.50
Brownes Banana Milk .....	1.50
Brownes Spearmint Milk .....	1.50
Brownes Plain Hi-Lo Milk (300mls) .....	1.00

---

Jelly Cups with Diced Fruit (flavours vary) .....	.85
Yogo: Strawberry or Chocolate.....	1.30
Yoghurt: Mixed Berry Light .....	1.30
Apricot Delight – Traditional .....	1.30
Strawberry – Light .....	1.30
Strawberry – Traditional .....	1.30

---

Popcorn .....	1.00
Rice Sticks: Cheese/Vegetable.....	1.00
Vegie Chips: BBQ or Sweet & Sour.....	1.00

---



## After Lunch Sales (R & A)

Sunfruits (R) .....	.70
Ice creams (A) .....	.25 – 1.50
Billabong – Choc, Triple Swirl.....	1.00
Milo Smooth Sticks.....	1.00
Peters Vanilla Light Bucket.....	1.30
Golden Circle Juicy Ice Sticks.....	.25 half – .50 full

---

## NUT ALLERGY & ALL FOOD ALLERGIES & INTOLERANCES

***Some ice creams wrappers state that there may be TRACES OF NUTS included in the ingredients. Please indicate clearly ALL THE FOODS TO AVOID on your child's lunch order.***